

## For Accountability

**"Walk with the wise and become wise, for a companion of fools suffers harm."**

**Proverbs 13:20**

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## For Understanding Priorities

**"But seek first the kingdom of God and his righteousness, and all these things will be added to you."**

**Matthew 6:33**

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## Perseverance

**"Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him."**

**James 1:12**

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**Weight Loss**  
**God's Way**

A stylized graphic of a road with a white dashed line down the center, leading upwards to a cross. The road is orange and the cross is purple.