

## To Help You Make Right Choices

**"This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live."**

**Deuteronomy 30:19**

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## Speaking Life Over Yourself

**"The tongue has the power of life and death, and those who love it will eat its fruit."**

**Proverbs 18:21**

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## To Embrace Conscious Living

**"Where can I go from your Spirit? Where can I flee from your presence?"**

**Psalms 139:7**

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## Insight in Your Habits

**"I do not understand what I do. For what I want to do I do not do, but what I hate I do."**

**Romans 7:15**

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## Overcoming Limiting Beliefs

**"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."**

**Romans 12:2**

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## Overcoming Excuse-Making

**"But the Lord said to me, 'Do not say, 'I am too young.' You must go to everyone I send you to and say whatever I command you. Do not be afraid of them, for I am with you and will rescue you,' declares the Lord."**

**Jeremiah 1:7-8**

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